**Faith and “Self” Patience**

[March 23, 2023](https://faithencounters.impart.org/2023/03/23/faith-and-self-patience/)[Martha Rodman](https://faithencounters.impart.org/author/martharodman/)

*You need to persevere so that when you have done the will of God, you will receive what he has promised. Hebrews 10:56*

I don’t even know if there is a concept of “self” patience—but the thought that is running through my mind is that the patience, understanding that I have for others, I need to exercise towards myself. My life has been full lately, as I am sure yours is. Full of challenges and good things. I found myself frustrated with myself. I felt our wonderful Holy Spirit telling me to be patience with myself!

This is harder than it sounds, at least for me. Of course, the Holy Spirit didn’t leave it there. He had to probe as only He can.

Holy Spirit: Why can’t you extend patience and grace to yourself?

Me: Ummmm, I don’t know. I don’t want to let you down.

Holy Spirit: That sounds like pride.

Me: I guess it does. I am sorry.

*Father, thank you for making things clear! Help us to be patience with ourselves and not let pride stand in the way when we are tired, weary and need a break. You understand our needs, and as we follow you, you lead us in paths of restoration and grace. Thank you. I choose to let the fruit of the Holy Spirit–including patience be my portion for myself. In Jesus Name’ amen.*